

AYURVEDA & YOGA FREE AWARENESS WORKSHOP

By Specialist / PhD Gyaneshwarsing Guddoye



Method 8: Prevent National Diseases through Ayurveda & Yoga

A) DISEASES

- 1) Diabetes
- 2) Common Cold (Influenza, H1N1)
- 3) Fever
- 4) Hypertension
- 5) Obesity & Lipids Abnormality
- 6) Smoking, Excess Alcohol, Drug Addiction
- 7) Disability
- 8) Depression
- 9) Physical Inactivity
- 10) Asthma
- 11) Constipation
- 12) Pain
- 13) Heart Diseases
- 14) Headache

B) UNIQUE TREATMENT APPROACH THROUGH

1) YUKTI

- a) Panchakarma (Detox Techniques)
- b) Ayu Medicinal plants



2) SATWA

Manage desires from harmful objects



3) DAIVA

Universal/Spiritual Healing



C) BENEFITS:

- 1) No Side Effects
- 2) Fast Healing
- 3) Save Huge Health Budget

Address : Shivala (Kovil) Lane, Grand-Bay, Mauritius | Website: medaayuryoga.com |

M: 5806 4336